

Caitlin Lawson

Caitlin is a 22-year-old dancer and a Bachelor of Science, Exercise Science. Within the last thirteen years, Caitlin danced with Absolute Dance, Reverent Rhythms, Beyond Boundaries, and Colorado Mesa University (CMU). She trained in many forms of dance but finds much enjoyment in modern and jazz styles. Through her many years at Absolute Dance, under the mentorship of Theresa Kahl, she was offered main roles in productions such as Alice In Wonderland, Snow White, and The Nutcracker ballets. She was selected as a “judge’s pick” at Spotlight’s dance competition in 2019 and received a convention scholarship at Adrenaline in the same year. Additionally, she was provided with educational opportunities from educators such as Adam Parson and Ryan “Bosco” Baker. In 2020, Caitlin began her path into teaching dance at Absolute Dance and performing at CMU. In her years at CMU, she was mentored by Kathy Diehl. In 2024, she attended and performed in the American College Dance Association in Utah. Further she was provided with instructional experiences from Bill Evans, Rennie Harris, James Wallace and many other masters of the craft. Caitlin’s goal is to spread the joy of dance to all, whether dancers themselves or not.